



**EXAM FEE \$40.00**

White-Brown: \$40

Black Belt Exam:

See Instructor

**KICKS**karate

# CHILDREN & ADULTS

*Promotion Examination Application—PLEASE PRINT*

Exam Date: \_\_\_\_\_ Present Belt Rank: \_\_\_\_\_ Belt Rank Testing For: \_\_\_\_\_

Student Name: \_\_\_\_\_ Age: \_\_\_\_\_ Phone: \_\_\_\_\_

*I certify that I am training at least twice per week in my class. In addition, I am earning satisfactory grades in school, listening to and obeying my parents and teachers, and working hard to be a leader and set a good example for others.*

Signature (Parent or Guardian if under 18 years of age) \_\_\_\_\_ Date \_\_\_\_\_

(Do not write below this line)

| TECHNIQUE              | SCORE | TECHNIQUE                | SCORE | TECHNIQUE                    | SCORE |
|------------------------|-------|--------------------------|-------|------------------------------|-------|
| <b>Blocking Skills</b> |       | <b>Kicking</b>           |       | <b>Forms</b>                 |       |
| Low                    |       | Front                    |       | Kibon                        |       |
| Middle                 |       | Round                    |       | Pinan Nidan                  |       |
| High                   |       | Side                     |       | Pinan Shodan                 |       |
| Other                  |       | Hook Round               |       | Pinan Yondan                 |       |
| <b>Stances</b>         |       | Horse                    |       | Pinan Godan                  |       |
| Back                   |       | Back                     |       | Nianji Shodan                |       |
| Front                  |       | Ax                       |       | Rohei                        |       |
| Horse                  |       | Exchange Kicks           |       |                              |       |
| Other                  |       | Jump Kicks               |       | <b>Free Sparring</b>         |       |
| <b>Striking</b>        |       | Other                    |       |                              |       |
| Lead Punch             |       |                          |       | <b>Personal Dev.</b>         |       |
| Reverse Punch          |       | <b>One Step Sparring</b> |       |                              |       |
| Back Fist              |       |                          |       | <b>Attitude &amp; Effort</b> |       |
| Hammer Fist            |       | <b>Combinations</b>      |       |                              |       |
| Lead Punch             |       |                          |       | <b>Concentration</b>         |       |
| Ridge Hand             |       | <b>Self Defense</b>      |       |                              |       |
| Palm Heel              |       |                          |       | <b>Appearance</b>            |       |
| Spear Hand             |       | <b>Breaking</b>          |       |                              |       |
| Other                  |       |                          |       | <b>Average Score:</b>        |       |

Point System: (10) Perfect (9) Excellent (8) Good (7) Above Average (6) Average (5) Needs Improvement—Re-test

Signature(s) of Examiner(s)

1. \_\_\_\_\_

2. \_\_\_\_\_

I recommend promotion of this student to the rank of \_\_\_\_\_ belt.