

Little Ninja's (ages 3.5 - 6)

<i>Ninja belts</i>	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
White & Gold	4:55pm	1:00pm 3:30pm 5:55pm	3:30pm 4:55pm	1:00pm 3:30pm 5:55pm	3:30pm 5:55pm	10:55am
Yellow & above	5:30pm	1:00pm 3:30pm 6:30pm	3:30pm 5:30pm	1:00pm 3:30pm 6:30pm	3:30pm 6:30pm	11:30am

Children (ages 7- 12)

<i>Solid Belt Color</i>	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
White & Gold	6:00pm (A)	4:00pm (A)	6:00pm (A)	4:00pm (A)	7:00pm (A)	10:00am (A)
Yellow & Orange	6:00pm (B)	5:00pm (A)	6:00pm (B)	5:00pm (A)	7:00pm (B)	10:00am (B)
Green, Blue & Purple	4:00pm (A)	7:00pm (B)	4:00pm (A)	7:00pm (B)	5:00pm (A)	12:00pm (B)
All Red Belts	7:00pm (A)	4:00pm (B)	7:00pm (A)	4:00pm (B)	5:00pm (A)	12:00pm (A)
Brown	4:00pm (B)	7:00pm (B)	4:00pm (B)	7:00pm (B)	4:00pm (B)	9:00am (B)
Black	7:00pm (B)	5:00pm (B)	7:00pm (B)	5:00pm (B)	4:00pm	9:00am (B)

Adult Programs (ages 13 & over)

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Karate	8:00pm	11:00am 8:00pm	8:00pm	11:00am 8:00pm	---	9:00am
Kickboxing	5:00pm 8:00pm	12:00pm 6:00pm 8:00pm	12:00pm 5:00pm 8:00pm	12:00pm 6:00pm 8:00pm	12:00pm 6:00pm	8:00am 11:00am

Kicks Karate Urbana Schedule of Classes

3531 John Simmons Street D-09 (301) 874-4740

www.kickskarate.com

(Effective October 6, 2014)