



# 16TH ANNUAL SUMMER TRAINING CAMP

**(ages 8 & up)**

at exclusive MERCERSBURG ACADEMY in Mercersburg, PA

## June 18th - June 23rd, 2017

Join us for 6 days and 5 nights on the beautiful Mercersburg Academy Campus.  
(only 75 minutes away)

Enjoy an exciting "fun-filled" week of training. Students will have the opportunity to train with Master Bussard, the Chief Instructor at Kicks Karate and many of our other fine instructor's as well.

In addition to twice-daily Martial Arts Instruction, the campers will enjoy activities such as movies, campfires, swimming parties and athletics.

Mercersburg Academy sits on more than 300 acres and features: air conditioned dorms, complete dining facilities, 8 athletic fields, a full size indoor pool, game room, movie theatre and so much more.

To take a look at the Mercersburg Academy Campus, please feel free to visit their website at [www.mercersburg.edu](http://www.mercersburg.edu).

The Kicks Karate Training Camp offers students the chance to get to know their fellow students, make new friends and meet instructors from other Kicks Karate locations. It will be a week you will remember for the rest of your life!

FOR MORE INFORMATION, PLEASE VISIT OUR WEB SITE [www.KICKSKARATE.com](http://www.KICKSKARATE.com)



## REGISTER NOW ONLINE!

[WWW.KICKSKARATE.COM](http://WWW.KICKSKARATE.COM)

Cost: \$649. **Space is limited to the first 100 campers!** Ages 8 and up.

# F R E Q U E N T L Y   A S K E D   Q U E S T I O N S



## **Where is camp located?**

Our Camp is located on the beautiful campus of Mercersburg Academy. The campus is situated in the mountains of south-central Pennsylvania, and spans over 330 acres featuring contemporary dormitories, dining facilities, and athletic venues. The rolling hills encompass an expansive campus that includes eight athletic fields, a working farm, and wildlife habitat areas. There is so much to do, one week might not be enough!

## **Who will be staffing the camp?**

The camp will be staffed by our own excellent Kicks Karate instructors. Instructors from our locations will be present at different times during the week. Your child will have the comfort of familiar faces, as well as meeting new people from within the Kicks Karate family. This may be of special consideration for first time over-night campers. We will also have junior counselors. These are the teens from within our school who have shown leadership skills both in their training as martial artists, and on a personal level with the children.

## **How does my child get to camp?**

The drive to Mercersburg is a short 75 minute drive from our area. Plan to arrive on campus for *registration between 1:30-2:00pm on Sunday, the 18th*. Follow the Kicks Karate signs to registration. Items due at registration include: *any prescription medications (for campers under the age of 18.) Prescriptions must be in original bottles or packaging.* Parents are invited to help campers settle in at arrival. *Departure* will be between **9:00-10:00am on Friday morning.**

## **What do we bring to camp?**

All toiletries, including towels, soap, shampoo, etc. and linens (sleeping bags are acceptable). Pay laundry facilities are available on each floor. Students should bring: uniform(s), t-shirts, shorts, sweatshirt, swimsuits, 2 pair of athletic shoes, etc. Spending money varies, but typically campers bring \$20-\$25 for snacks or other drinks and sodas. .

## **What type of food will be served?**

The campers will be served tasty, well-balanced meals, professionally prepared at the Ford Dining Hall. Breakfast may consist of a hot entree in addition to bagels, toast and fruit. Milk and juice are also available. Lunch always contains a salad bar and a rotating, kid friendly, main course and side items. There is Grilled Cheese, Pizza, Turkey and Pasta, just to name a few. Dinner is another well-rounded meal with a hot entree with vegetables and a full salad bar.

## **What is a typical day's schedule like?**

All campers will rise early in the morning between 7-7:30am. They will enjoy breakfast before we start our busy day at camp. Each day will feature a morning and afternoon karate class along with other sporting activities. Campers will have a wide variety of activities to choose from including: movies and games. We will have pool time scheduled each day as well.

## **What are the rooms like?**

The air conditioned dorms are modern and comfortable. Campers are housed 2 or 3 to a room with counselors placed strategically on every floor. Campers will be assigned roommates based on age. Each camper will have a bed, dresser, and/or closet to store their gear. Every dorm also includes a lounge area where students can gather to watch TV, play games and eat snacks.

