

# Kicks Karate Rockville/King Farm Schedule of Classes

800 Pleasant Drive, Rockville, MD 20850

(301)869-4300

Effective Date - August 5, 2019

## Little Ninja's(ages 3.5 - 6)

|                           | Monday           | Tuesday | Wednesday        | Thursday         | Friday | Saturday | Sunday  |
|---------------------------|------------------|---------|------------------|------------------|--------|----------|---------|
| <b>White &amp; Gold</b>   | 3:40pm<br>5:45pm | 4:45pm  | 3:25pm<br>6:05pm | 3:50pm<br>5:15pm | 4:15pm | 8:55am   | 9:30am  |
| <b>Yellow &amp; above</b> | 3:40pm<br>6:20pm | 5:20pm  | 3:25pm<br>5:30pm | 3:50pm<br>5:50pm | 4:15pm | 9:30am   | 10:05am |

## Children (ages 7-12)

|                              |            |        |            |            |        |         |             |
|------------------------------|------------|--------|------------|------------|--------|---------|-------------|
| <b>White through Yellow</b>  | 4:15pm (c) | 5:55pm | 6:40pm     | 7:15pm     | 4:50pm | 12:25pm | 10:45am     |
| <b>Orange through Purple</b> | 4:15pm (c) | 6:40pm | 4:45pm     | 4:30pm (c) | 7:05pm | 10:55am | 11:30am (c) |
| <b>Red through Brown</b>     | 5:00pm     | 7:25pm | 4:00pm (c) | 4:30pm (c) | 6:20pm | 11:40am | 11:30am (c) |

## Black Belts

|                            |        |            |            |            |        |             |             |
|----------------------------|--------|------------|------------|------------|--------|-------------|-------------|
| <b>Black &amp; 1st Dan</b> | 6:55pm | 4:00pm (c) | 4:00pm (c) | 6:30pm (c) | 5:35pm | 10:10am (c) | 12:15pm (c) |
| <b>2nd Dan &amp; UP</b>    | 7:40pm | 4:00pm (c) | 7:25pm     | 6:30pm (c) | 5:35pm | 10:10am (c) | 12:15pm (c) |

## Adults (ages 13 & up)

|                  |        |        |                   |        |         |        |        |
|------------------|--------|--------|-------------------|--------|---------|--------|--------|
| <b>All Belts</b> | 8:25pm | 8:15pm | 11:00am<br>8:15pm | 8:00pm | 11:00am | 8:00am | 8:45am |
|------------------|--------|--------|-------------------|--------|---------|--------|--------|

(c) denotes a combined class