

Kicks Karate Gaithersburg Schedule of Classes

Little Ninja's (Ages 3-6)

Ninja belts	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
White & Gold	6:00pm (A)	4:00pm (A)	6:00pm (A)	4:30pm (A)	6:00pm (A)	10:00am (A)
Yellow & above	6:30pm (A)	4:30pm (A)	6:30pm (A)	4:00pm (A)	6:30pm (A)	10:30am (A)

Children (Ages 7-12)

Solid Belt Color	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
White & Gold	4:00pm (A)	6:00pm (A)	5:00pm (A)	6:00pm (A)	7:00pm (A)	12:00pm (A)
Yellow & Orange	4:00pm (B)	6:00pm (B)	5:00pm (B)	6:00pm (B)	7:00pm (B)	12:00pm (B)
Green, Blue & Purple	5:00pm (A)	7:00pm (A)	4:00pm (A)	7:00pm (A)	5:00pm (A)	9:00am (A)
Red	5:00pm (B)	7:00pm (B)	4:00pm (B)	7:00pm (B)	5:00pm (B)	9:00am (B)
Brown	7:00pm (A)	5:00pm (A)	7:00pm (A)	5:00pm (A)	4:00pm (A)	11:00am (A)
Black	7:00pm (B)	5:00pm (B)	7:00pm (B)	5:00pm (B)	4:00pm (B)	11:00am (B)

Adult Programs (Ages 13 & over)

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Karate	8:00pm (A)	11:00am (A) 8:00pm (A)	8:00pm (A)	11:00am (A) 8:00pm (A)	6:00pm (A)	8:00am (A)
Kickboxing	6:00pm (B)	8:00pm (B)	12:00pm (B) 6:00pm (B)	8:00pm (B)	12:00pm (B)	10:00am (B)

Gaithersburg Schedule of Classes 18226 Flower Hill Way (301) 869-1400
 (Effective April 29, 2019) www.kickskarate.com