

**Tiny Tigers(ages 3-4)**

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>All Belts</b>	4:00pm	5:40pm	4:00pm	5:40pm	4:00pm	9:50am

**Little Ninjas (ages 5 - 7)**

<b>All Belts</b>	4:35pm	6:15pm	4:35pm	6:15pm	4:35pm	10:25am
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**Children (ages 8-12)**

<b>White &amp; Gold</b>	5:10pm	6:50pm	5:10pm	6:50pm	5:10pm	12:40pm
<b>Yellow &amp; Orange</b>	5:10pm	6:50pm	5:10pm	6:50pm	5:10pm	12:40pm
<b>Green, Blue &amp; Purple</b>	6:00pm	4:50pm	6:00pm	4:50pm	6:00pm	11:00am
<b>Red Belts</b>	6:00pm	4:50pm	6:00pm	4:50pm	6:00pm	11:00am
<b>Brown Belts</b>	6:50pm	4:00pm	6:50pm	4:00pm	6:50pm	11:50am
<b>Black Belts</b>	6:50pm	4:00pm	6:50pm	4:00pm	6:50pm	11:50am

**Teen & Adults (ages 13 & up)**

<b>All Belts</b>	7:40pm	7:40pm	7:40pm	7:40pm	----	9:00am
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**Kickboxing (ages 13 & up)**

	7:40pm		7:40pm	6:50pm		
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**Kicks Karate Bethesda Schedule of Classes - [www.kickskarate.com](http://www.kickskarate.com)**

10400 Old Georgetown Road ,Suite 3A,Bethesda, MD 20814

(301)571-6767

Effective Date -Aug 3, 2020